

# REFERRAL RESOURCE GUIDE

Nashville, TN Area

## IN AN EMERGENCY OR CRISIS

**For assistance in an emergency situation**

Dial 911

**Mobile Crisis Intervention Center**  
**615-244-7444**

**Mobile Crisis: TN Dept. of Mental Health (Statewide)** 855-274-7471

**National Suicide Prevention Lifeline**

1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish)

**Mobile Crisis: Mental Health Cooperative**  
**615-726-0125**

## DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

**National Child Abuse Hotline**

1-800-4-A-CHILD (1-800-422-4453)

**National Domestic Violence Hotline**

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

**National Sexual Assault Hotline**

1-800-656-HOPE (4673)

**RAINN** (Rape, Abuse & Incest National Network)

1-800-656-HOPE (4673)

[www.rainn.org](http://www.rainn.org)

Centerstone, Inc. at Dede Wallace  
(Counseling, referrals, support groups)

(615) 460-4357

Centerstone, Inc. at Lloyd C. Elam Mental Health Center  
(Referrals, support groups)

(615) 327-6609

Cumberland Heights Domestic Violence Program  
(Domestic violence programs for people with substance abuse issues)

(615) 353-4305

Family and Children's Services  
(Counseling, referrals, support groups)

(615) 327-0833

Luton Community Mental Health Center  
(Counseling, support groups)

(615) 279-6700

Mary Parrish Center  
(Counseling, referrals)

(615) 256-5959

Morning Star Sanctuary  
(Counseling, referrals, court advocacy, support groups)

(615) 860-0003 (hotline)  
(615) 860-0188 (business)

Rape and Sexual Abuse Center  
(Counseling, referrals, support groups)

(615) 259-9055

YWCA Shelter & Domestic Violence Program  
(Counseling, referrals, court advocacy, support groups)

(615) 242-1199

You Have the Power  
(Referrals, resource information)

(615) 292-7027

Vanderbilt Community Mental Health Center  
(Counseling, referrals, support groups)

(615) 322-2028



## TREATMENT RESOURCES

Substance Abuse Treatment (partial list – for more resources dial 1-800-662-HELP)

Cumberland Heights

Address: 8283 River Road Pike, Nashville, TN 37209

Phone: (615) 356-2700

Nashville Drug Treatment Centers

Address: 3200 West End Ave Ste 500, Nashville, TN 37203

Phone: (615) 523-1053

Samaritan Recovery Community

Address: 319 S 4th St, Nashville, TN 37206

Phone: (615) 244-4802

Nashville Drug Rehab

Address: 2817 West End Ave #126-144 Park Place, Nashville, TN 37203

Phone: (615) 246-0550

Middle Tennessee Treatment Center

Address: 2410 Charlotte Ave, Nashville, TN 37203

Phone: (615) 321-2575

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on "Find a Provider")

### Mental Health Treatment

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357)

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on "Find a Provider")

## CHILDREN & YOUTH RESOURCES

### a. Emergency and Referral Services

**National Runaway Safeline**

1-800-621-4000

**24/7 STATEWIDE CRISIS LINE: 855-274-7471 (855-CRISIS-1)**



### **b. Children and Youth Mental Health Services**

Youth Villages (866) 791-9221 (North Middle TN) (866) 791-2222 (South Middle TN)

### **c. Family Mental Health Services**

Lipscomb Family Therapy Center  
3839 Granny White Pike, Nashville, TN 37204  
Phone: (615) 966-5300

### **d. Children and Youth Substance Abuse Services**

Youth Villages (866) 791-9221 (North Middle TN) (866) 791-2222 (South Middle TN)

## **RESOURCES FOR SPECIAL POPULATIONS**

### **Gay, Lesbian, Bisexual, Transgender Support Resources**

#### **GLBT National Help Center**

1-888-843-4564

[www.glnh.org](http://www.glnh.org)

#### **Trevor Project Crisis Line – LGBTQ Youth**

1-866-4-U-TREVOR (488-7386)

[www.theTrevorProject.org](http://www.theTrevorProject.org)

#### **GLBT National Youth Talkline**

1-800-246-PRIDE (1-800-246-7743)

[www.glnh.org/talkline](http://www.glnh.org/talkline)

## **SELF-HELP RESOURCES AND GROUPS**

*Find a time and location of a meeting.*

#### **Alcoholics Anonymous**

[www.aa.org/pages/en\\_US/find-aa-resources](http://www.aa.org/pages/en_US/find-aa-resources)

#### **Narcotics Anonymous**

1-888-GET-HOPE (438-4673) (Hopeline)  
[www.na.org/meetingsearch](http://www.na.org/meetingsearch)

#### **National Domestic Violence Hotline**

[www.al-anon.alateen.org/local-meetings](http://www.al-anon.alateen.org/local-meetings)

#### **Nar-Anon Family Groups**

[www.nar-anon.org/find-a-group](http://www.nar-anon.org/find-a-group)

#### **National Domestic Violence Hotline**

[www.draonline.org](http://www.draonline.org)

## **OTHER RESOURCES**

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. [www.findlaw.com](http://www.findlaw.com)

