

This sequence can be followed by students who begin in the fall semester. Prerequisites may apply to specific courses; it is the student's responsibility to determine if prerequisites have been met. Additional semesters will be required if prerequisite courses must be completed. Prior to registering each semester, the student is expected to consult with his/her advisor. **Bolded courses cannot be substituted.**

NAME: _____ A# _____

CATALOG YR: 2019-2020

FIRST YEAR – FALL SEMESTER					NOTES
Course No. and Title	Cr.	Ter m	Grad e	Prerequisite	
ENGL 1010 English Composition I	3			English: Level 2 placement or concurrent enrollment in ENGL 1010 and ENGL 0815, Reading: Level 2 placement or concurrent enrollment in READ 0815	
HHP 2300 Introduction to Exercise Science	3			None	
Humanities (MUS 1030 is recommended)	3			See catalog	
Mathematics (MATH 1530 is recommended)	3			Level 2 placement or concurrent enrollment in Math Support	
NSCC 1010 First Year Experience	1			For First-time Freshman Only	
Total Credit Hours	13				
FIRST YEAR – SPRING SEMESTER					
Course No. and Title	Cr.	Ter m	Grad e	Prerequisite	
ENGL 1020 English Composition II	3			ENGL 1010	
HHP 2400 Prev and Care of Athletic Injuries	3			None	Spring only
PSYC 1030 Introduction to Psychology	3			English: Level 2 placement or concurrent enrollment in ENGL 1010 and ENGL 0815, Reading: Level 2 placement or concurrent enrollment in READ 0815	
COMM 2025 Fundamentals of Communication OR other approved communication course	3			ENGL 1010	
Physical Education Activity Course	1			None	
Humanities (ART 1035 is recommended)	3			See catalog	
Total Credit Hours	16				
SECOND YEAR – FALL SEMESTER					
Course No. and Title	Cr.	Ter m	Grad e	Prerequisite	
BIOL 2010 Anatomy & Physiology I	4			Level 2 placement in English, Math, and Reading	
PHED 1010 Introduction to Health & Wellness	3			Level 2 placement in English and Reading	
HHP 1300 First Aid & CPR	3			None	
Literature (ENGL 2020 OR ENGL 2035 is recommended)	3			ENGL 1010 and ENGL 1020	
History (HIST 2010 is recommended)	3			See Catalog	
Total Credit Hours	16				
SECOND YEAR – SPRING SEMESTER					
Course No. and Title	Cr.	Ter m	Grad e	Prerequisite	
BIOL 2020 Anatomy & Physiology II	4			BIOL 2010	
BIOL 1215 Principles of Nutrition	3			Level 2 placement in English, Math, and Reading	
Physical Education Activity Course	1			None	
General Elective (PSYC 2130 is recommended)	3			See catalog	
General Elective	2			See Catalog	
History (HIST 2020 is recommended)	3			See catalog	
Total Credit Hours	16				
Total Degree Hours	61				

*Students who lack the required one unit (one year) of American History from high school as an admission requirement must complete six (6) semester hours of American History or three (3) semester hours of Tennessee History to fulfill the history requirement in general education. Otherwise, students may choose from among the history courses approved at a particular institution to fulfill the six-semester hour requirement in history.