Step 1: Foundation: What is Occupational Therapy?
- Occupational Human Development
- Exploring Occupations
- OT Documentation
- Foundations of Occupational Therapy
- Med. Term for OT
- Level I Fieldwork

Step 2: Understanding Challenges to Occupational Performance
- Challenges to Mental Health
- Challenges to Physical Health
- Group Process and Dynamics
- Human Movement for Occupation
- Documentation
- Assistive Technology and the Environment
- Level I Fieldwork

Step 3: Improving Occupational Performance
- OT Interventions and Treatment: Pediatric, Adult
- Practical Application of Occupation
- OT Mental Health Intervention and Treatment: Adult
- Management Skills for the OTA
- Level I Fieldwork

Step 4: Occupational Therapy Practice – Job Training Period
- 16 Weeks of Level II Fieldwork

Step 5: NBCOT Credentialing Exam and State Licensure