The Tennessee Occupational Therapy Association (TOTA), formed in 1949, is recognized by the American Occupational Therapy Association as a state association. TOTA was formed to (1) promote professional growth and education; (2) enhance communication among occupational therapists; and (3) be an advocate of OT, health care, and consumers.

All Occupational Therapy Assistant students are invited to join TOTA. There are five districts to enable OTs throughout the State to be active participants in TOTA; they are West (Memphis to the Tennessee River); Middle (Nashville area); Upper East (Tri-cities area); East (Knoxville area); and Southeast (Chattanooga area). Each district organizes many OT-related activities such as educational meetings, workshops, fund-raising projects, public relations campaigns, and legislative awareness projects. One of the projects of which TOTA is very proud is the state OT certification law which passed in 1984.

TOTA invites every Occupational Therapy Assistant Student (OTAS) to join the association and be an active part of the profession of occupational therapy in Tennessee. The association holds an annual conference in the fall. It also publishes a bimonthly newsletter. NSCC faculty and students are encouraged to contribute information to this newsletter. As a student, you may join TOTA for $20. You are encouraged to attend conferences and state meetings.

**TOTA CONTACT INFORMATION**


Membership information: [http://tnota.org/membership](http://tnota.org/membership)