

Occupational Therapy  
Assistant Program



## **OTA PROGRAM CURRICULLUM**

### **OTA 1110 Occupational Human Development 3 Credits**

2 Lecture Based Hours and 3 Laboratory Hours

This course addresses performance and growth in areas of occupation (ADL, education, work, play, leisure, and social participation) of normal development from conception to death. Developmental milestones emphasize changes in performance skills and thru the lifespan. Students will relate milestone development to case examples

### **OTA 1120 Exploring Occupations 3 Credits**

2 Lecture Based Hours and 3 Laboratory Hours

This course explores the concept of occupation across cultures and lifespan. Students will learn occupational analysis and selection, adaptation and sequencing of purposeful/meaningful activities. Opportunities are provided to analyze performance patterns and activity demands of life skills for individuals and populations. Emphasis will be placed on the teaching/learning process, developing clinical reasoning, being a team player and safety precautions.

### **OTA 1130 Foundations of Occupational Therapy 2 Credits**

2 Lecture Based Hours

This course introduces the basic tenets of occupational therapy. Content includes the history and the role of occupation to health and human diversity, philosophy of occupational therapy, theories, ethics, standards of practice and professional associations. OT Practice Framework, the OT process, Occupational Profiles, Evidenced Based Practice and a review of service delivery models are emphasized

### **OTA 1140 OT Documentation with Fieldwork A 2 Credits**

1 Lecture Based Hour and 3 Laboratory Hours

This course includes a documentation of the OT treatment process unit and a Level I Fieldwork experience. The concept of professional behaviors is introduced.

### **OTA 1150 Medical Terminology for OT 1 Credit**

This course introduces students to the common medical terms used in the practice of Occupational Therapy. This course presentation and testing are through NSOnline

## **OTA 1210 Group Process and Dynamics**

**3 Credits**

2 Lecture Based Hours and 3 Laboratory Hours

This course covers client- practitioner interactions, skills including professional behaviors, therapeutic use of self, and group process/dynamics. Opportunities are provided to lead therapeutic groups in the community.

## **OTA 1220 Challenges to Mental Health**

**3 Credits**

2 Lecture Based Hours and 3 Laboratory Hours

This course examines individuals who are limited in their ability to engage in life activities due to challenges to their mental health. The major DSM IV diagnoses will be studied with emphasis on symptoms, behaviors, cultural influences, and medical and social supports related to those diagnoses. Psychiatric and OT theorists are explored. OT evaluations and treatment planning for the mental health population are practiced.

## **OTA 1230 Challenges to Physical Health**

**3 Credits**

2 Lecture Based Hours and 3 Laboratory Hours

This course examines individuals who are limited in their ability to engage in daily life activities due to challenges to their physical health. The major medical, orthopedic, and neurological diagnoses will be studied with emphasis on symptoms, physical conditions, and medical and social supports related to those diagnoses. OT evaluations and treatment planning for the physical health population are practiced.

## **OTA 1240 Human Movement for Occupation**

**3 Credits**

2 Lecture Based and 3 Laboratory Hours

The kinetics of human motion of the musculoskeletal system will be discussed. Included are evaluation procedures for range of motion, functional muscle strength and coordination testing. Principles and techniques of body mechanics, transfers, and positioning will be addressed. Neuromotor and myofascial treatment concepts are introduced.

## **OTA 1250 AT and Environmental Adaptations**

**3 Credits**

1 Lecture Based and 6 Laboratory Hours

This course will teach students to adapt, alter or design environments that support participation and facilitate engagement in social, family and community activities. All levels of assistive technology will be reviewed and discussed. Student learning opportunities will include but not be limited to home modifications, driving evaluations, communication devices and community mobility. Students will evaluate participation limitations and facilitators for individuals and communities.

## **OTA 1260 OT Documentation with FW B**

**1 Credit**

Opportunity for the OTA student to apply academic knowledge of occupational therapy to practice through a Level I Fieldwork experience.

Fieldwork Level I is designed to provide students the opportunity to practice a variety of OT skills and to learn about a variety of OT practice arenas.

## **OTA 2110 OT Interventions and Treatment: Pediatric      2 Credits**

1 Lecture Based and 3 Laboratory Hours

This course will address limitations and obstacles to occupational engagement (self-care, play, school) for persons from birth to age 22. Common diagnoses, evaluation methods and treatment environments will be presented. Treatment for areas of occupation.(ADL, IADL, education, work, play, leisure, and social participation), considering performance skills, performance patterns, client factors and context will be reviewed.

## **OTA 2120 OT Mental Health Int. and Treatment: Adult      3 Credits**

2 Lecture Based and 3 Laboratory Hours

This course will address mental health limitations and obstacles to occupational engagement for individuals and populations. Common diagnoses and treatment environments will be presented. Treatment for areas of occupation.(ADL, IADL, education, work, play, leisure, and social participation), considering performance skills, performance patterns, client factors and context will be reviewed. Students will be required to develop applications for enabling function and mental health well-being.

## **OTA 2130 OT Int. and Tx for the Physically Challenged Adult      3 Credits**

2 Lecture Based and 3 Laboratory Hours

This course will address physical health limitations and obstacles to occupational engagement for individuals and populations. Common diagnoses and treatment environments will be presented. Treatment for areas of occupation.(ADL, IADL, education, work, play, leisure, and social participation), considering performance skills, performance patterns, client factors and context will be reviewed. Students will be required to develop applications for enabling function and physical well-being.

## **OTA 2145 Practical Application of Occupation      3 Credits**

2 Lecture Based Hours and 3 Laboratory Hours

A study of physical and mental health limitations and obstacles to occupational engagement for individuals and populations. Topics include common diagnoses and treatment environments, treatment for areas of occupation. (ADL, IADL, education, work, play, leisure, and social participation), considering performance skills, performance patterns, client factors and context will be reviewed. Students will be required to develop applications for enabling function and mental health and physical well-being.

## **OTA 2150 Management Skills for the OTA      2 Credits**

2 Lecture Based Hours

This course will teach management skills with an emphasis on organization and professional communication skills necessary for team building, leadership and collaboration. Program planning, marketing, advocacy and program quality improvement will be discussed. Documentation, reimbursement, ethical and legislative issues will be addressed. This class will review requirements

for Level II Fieldwork, certification and licensure. Students will prepare for future employment through resume and portfolio development.

### **OTA 2160 Fieldwork C**

**1 Credit**

This course provides the opportunity to apply academic knowledge of occupational therapy to practice through a Level I Fieldwork experience.

### **OTA 2210 Level II A**

**6 Credits**

This course provides the OTA student with the opportunity to apply didactic learning and theory of occupational therapy in a clinical, inpatient, or hospital setting under the supervision of an OTR or COTA. Academic and clinical educators collaborate on fieldwork objectives and experiences to ensure that the role and functions of an entry-level occupational therapy assistant are reinforced. *Prerequisites: All academic course work and program director approval are required before undertaking Level II Fieldwork. Students must receive a C in all OTA and required General Education courses and receive a satisfactory rating on the Professional Behaviors Evaluation before being approved for Level II Fieldwork placement.*

### **OTA 2220 Level II Fieldwork B**

**6 Credits**

This course provides the OTA student with the opportunity to apply didactic learning and theory of occupational therapy to community setting under the supervision of an OTR or COTA. Academic and clinical educators collaborate on fieldwork objectives and experiences to ensure that the roles and functions of an entry-level occupational therapy assistant are reinforced. *Prerequisites: All academic course work and program director approval are required before undertaking Level II Fieldwork. Students must receive a C in all OTA and required General Education courses and receive a satisfactory rating on the Professional Behaviors Evaluation before being approved for Level II Fieldwork placement.*

**LEVEL II FIELDWORK MAY BE IN A LOCATION OUTSIDE OF THE MIDDLE TENNESSEE AREA  
REQUIRING THE STUDENT TO RELOCATE FOR ONE (8WEEKS) OR BOTH (16 WEEKS)  
ASSIGNMENT.**