<table>
<thead>
<tr>
<th>AUDITORY LEARNERS</th>
<th>Explain the material to someone else, as if you were the tutor.</th>
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<tbody>
<tr>
<td></td>
<td>Read explanations out loud.</td>
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<td></td>
<td>Make up a song using the subject material. The 'crazier' the better.</td>
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<td>Review audio tapes while you drive.</td>
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<td>When learning new information, state the problem out loud. Reason through solutions out loud.</td>
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<td>Say words in syllables.</td>
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<td>When available, use videotapes.</td>
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<td>Make up and repeat rhymes to remember facts, dates, names, etc.</td>
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<td>Go over all important facts aloud.</td>
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<tr>
<td>Join or create a study group, or to get a study partner.</td>
<td>To learn a sequence of steps, write them out in sentence form, then read them out loud.</td>
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<tr>
<td></td>
<td>Use mnemonics and word links.</td>
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<td></td>
<td>Discuss the material with someone else.</td>
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</tbody>
</table>
# Tactile/Kinesthetic Learners

Pick up the book as you are reading or talking.
Write while you are reading or talking.

Sit near the front of your classroom and to take notes. This will keep you focused.

Spend extra time in any labs offered.
Use the computer to reinforce learning using your sense of touch.
Write with their fingers in sand.
Write lists repeatedly.

Exaggerate lip movements in front of a mirror.
Stand while explaining something.

Use rhythm (beats) to memorize or explain something.
As you explain something, point to the subject matter in the book, on the board, etc., while reading it out loud.

Use gestures when giving explanations.
Make models that demonstrate the key concept.

Use hands-on experience when possible.
Make flashcards for each step in the procedure. Put the cards in order until the sequence becomes automatic.

Use audio tapes from classes. Play them while you walk or exercise.

Stretch and move in the chairs.
## VISUAL LEARNERS

- Take notes.
  - Write questions and answers on paper or on the blackboard.
  - Use color-coded highlighting.
  - Use graph paper to help create charts and diagrams that demonstrate key points.
  - Use mnemonics, acronyms, visual chains, and mind maps.
  - Use the computer to organize materials and to create graphs, tables, charts, and spreadsheets.
- Organize the material.
- Use visual analogies. Use photographs.
- Use visual metaphors.
- To explain something, try writing the explanation down.
- Make flashcards. The act of writing (the cards) and viewing them doubles their comprehension.
- Visualize the scene, formula, words, charts, etc.
- Use illustrations.