

**Nashville State Community College  
Division of Healthcare Professions  
Nursing**

**Spring 23 Master Course Syllabus**

**NURS 1340 – Mental Health Nursing  
Full 15-Week Term**

The purpose of the syllabus is to inform you how this course is organized, what the expectations are, and how you will be graded. In addition, there is important information about how the college will operate during severe weather and how the college will communicate with you. The syllabus is not a contract. Instead, it is meant to help you succeed in this course. If any of the content changes during the course term, you will be notified.

**Course information:**

**Course Title:** NURS 1340 Mental Health Nursing

**Credits:** 3 (2 lecture, 1 clinical)

**Course Description:** This course introduces principles and concepts of mental health, psychopathology, psychopharmacology and treatment modalities related to nursing care of patients and their families. Incorporation of the nursing process, psychobiology, mental health theory, psychopharmacology and critical thinking is provided in this course.

*Prerequisite course(s): NURS 1710: Fundamentals of Nursing*

**Instructor Information:**

**Name:**

**Email:**

**Office Phone:**

**Office Location:**

**Office Hours:**

**Virtual Office Zoom Link:**

- **Scheduling Link for Appointments:** [place calendly link here](#)  
After you make an appointment, check the email you provided for confirmation. If you need to reschedule, the confirmation email provides instruction.
- **Scheduling QR Code for Appointments:**  
[Place QR code here](#)

**Course Delivery Method**

- **On-Campus:** Course meets at Nashville State Campus on Tuesdays 1400-1600, H321

**Required Textbook(s) & Other Materials:**

**Textbook:**

Updated 1/2023

\*\*\*Townsend, M. C. and Morgan, K. (2020). *Essentials of psychiatric mental health nursing*. (8<sup>th</sup> ed). Philadelphia, PA: F.A. Davis Company ISBN-13: 978-0-8036-7678-7

#### **Optional Books:**

Townsend, M. C. (2021). *Psychiatric nursing: assessment, care plans, and medications*. (11<sup>th</sup> edition). Philadelphia, PA: F.A Davis Company. ISBN: 978-0-8036-9995-3

Pedersen, D.D. (2015). *Psych notes: clinical pocket guide*. (4<sup>th</sup> ed). Philadelphia, PA: F.A. Davis Company. ISBN 978-0-8036-3922-5

**Supplies:** See Nursing Handbook

Once you have registered for your courses, you should make sure you have the correct textbook and materials for each course. Before courses begin, you can do this by looking up your courses on the [bookstore's website](https://www.bkstr.com/nscstore/shop/textbooks-and-course-materials) ( <https://www.bkstr.com/nscstore/shop/textbooks-and-course-materials> ) using your A# or by entering your course information. If you are registered with the Access Center and need an alternate format for the textbook and other course materials, please contact the Access Center at 615-353-3363 or [accesscenter@nsc.edu](mailto:accesscenter@nsc.edu).

**Honors Option:** Honors credit is available in some classes. If you are interested in participating in the Honors Program, please see your instructor within the first four weeks of class.

#### **End of Program Student Learning Outcomes**

1. Practice within the ethical, legal and regulatory frameworks of nursing and **standards of professional nursing practice**.\*
2. **Communicate** effectively using verbal, nonverbal, and written techniques including information and technology.
3. **Analyze subjective and objective data** to identify actual or potential health alterations.
4. Evaluate outcomes of **clinical decisions** implemented to provide safe and effective evidence-based nursing care.
5. Evaluate the effectiveness of **caring interventions** that incorporate principles of dignity, diversity, safety and knowledge.
6. Evaluate the effectiveness of the implemented teaching plan to meet the **learning** needs of patients, families, and/or groups.
7. **Collaborate** when planning, implementing, and evaluating care.
8. **Manage care** through effective use of prioritization, delegation, informatics and resources.

\*Reference ANA Standards of Professional Nursing Practice

#### **Semester Two Student Learning Outcomes:**

Upon completing this semester, the student will be able to:

1. Demonstrate ethical, legal and regulatory frameworks of nursing and **standards of professional nursing practice**.\*
2. Demonstrate effective **communication** including information and technology.
3. Demonstrate ability to **collect subjective and objective data** to identify actual or potential health alterations.
4. Formulate **clinical decisions** to provide safe and effective evidenced-based nursing care.
5. Demonstrate **caring interventions** that incorporate principles of dignity, diversity, safety, and knowledge.

6. Develop an individualized **teaching plan** to meet the learning needs of patients, families, and/or groups.
7. **Collaborate** when planning care.
8. Use basic principles of **managing care**.

*\*Reference ANA Standards of Professional Nursing Practice*

### **Course Competencies/Student Outcomes**

Upon completing this semester, the student will be able to meet the eight (8) core competencies:

1. Demonstrate an understanding of ethical, legal and regulatory frameworks of nursing and **standards of professional nursing practice**.\*
  - Discuss ethical and legal issues pertaining to nursing assessment and interventions involving patients with psychiatric disorders.
  - Describe the role of the registered nurse in the prevention and treatment of mental health and behavioral disorders.
2. Demonstrate effective **communication** including information and technology.
  - Utilize therapeutic communication techniques that facilitate an effective nurse:patient relationship.
3. Demonstrate ability to **collect subjective and objective data** to identify actual or potential mental health alterations.
  - Apply assessment data from mental health/psychosocial/mental status exam to formulate nursing diagnosis and nursing care plan.
4. Formulate **clinical decisions** to provide safe and effective evidenced-based nursing care.
  - Describe the process for identifying and prioritizing appropriate patient-specific outcomes.
  - Compare theories, conceptual frameworks and research related to human behavior and the etiology, prevention, and management of selected psychiatric disorders and behavioral theories.
5. Demonstrate **caring interventions** that incorporate principles of dignity, diversity, safety and knowledge.
  - Analyze the relationship of biophysical, cultural, psychosocial and spiritual issues in nursing assessment, diagnosis, planning, intervention and evaluation involving patients with mental health disorders.
6. Develop an individualized **teaching plan** to meet the learning needs of patients, families, and/or groups.
  - Describe the skills necessary to work therapeutically with mental health patients, their families, and/or groups.
  - Identify the appropriate teaching strategy to meet their learning needs.
7. **Collaborate** when planning care.
  - Describe the importance of collaboration with other professionals and members of the psychiatric health care system in providing nursing care for patients with psychiatric disorders.
8. Use basic principles of **managing care**.
  - Describe the process for identifying and prioritizing appropriate patient-specific outcomes for the mental health patient.

*\*Reference ANA Standards of Professional Nursing Practice*

**Course Assessments:** We will use the following assessments to demonstrate your understanding, knowledge, and skills:

**Methods of Evaluation:**

Exams	60%
Quizzes	10%
Kaplan* (Integrated Test) Date TBD	5%
Final Examination	25%

**Additional Methods of Evaluation:**

Clinical Evaluation Tool  
 Clinical paperwork  
 Evaluation of care plans  
 Attendance and participation

**Grading Policy:**

**Exams**

1. Students will complete four exams throughout this course.
2. The dates for these exams are provided on the course schedule below.
3. All tests in this course count toward the final grade and none will be dropped.
4. Any attempt to access the online exam outside of a proctored setting may result in a zero on that exam.
5. Exams will be administered online via D2L. All exams will be on campus, administered via D2L with Lockdown Browser.
6. On exams administered through D2L, the final D2L submission is the official answer sheet. All answers for test will only be taken from the D2L submission
7. By taking tests through D2L, you have agreed to the following: I will not use a smartwatch, auto-summarizing tools, cheating sheets, cellphone, cameras, headphones, screen shots or **any other mechanism capable of reproducing this test**. I understand that cheating directly impacts the academic integrity of this test.
8. Requests for exam reviews must be made within one week of the exam date listed on the syllabus.
9. **Per the Nursing Handbook:**

“Scheduled tests and/or quizzes should be taken at the scheduled time. If a student is absent on the day of an exam, the department/division secretary must be notified prior to testing. The student is also responsible for contacting the instructor of record for the course.

**Absence from an exam for whatever reason will result in a 5-percentage point deduction from the exam grade.** It is the student’s responsibility to take the makeup exam/quiz at a time designated by the course coordinator; preferably within one week and/or before the next scheduled didactic class. The format for the makeup exams/quizzes is at the discretion of the course coordinator and may not be identical to the originally scheduled exam/quiz.”

**TEST REVIEW: The instructor may review tests following their administration. Test review will occur during regular classroom time. Students may review their exams but must make an appointment with the instructor within 1 week from the date the grade was released.**

**Quizzes**

1. Each quiz is worth 5% of the final grade.
2. Each quiz will be due at the times provided in the course schedule below.
3. All quizzes in this course count toward the final grade and none will be dropped.
4. On quizzes administered through D2L, the final D2L submission is the official answer sheet. All answers for test will only be taken from the D2L submission.
5. By taking tests through D2L, you have agreed to the following: I will not use a smartwatch, auto-summarizing tools, cheating sheets, cellphone, cameras, headphones, screen shots or **any other mechanism capable of reproducing this test**. I understand that cheating directly impacts the academic integrity of this test.

#### Kaplan Integrated Test Rubric\*

During the course, one standardized achievement exam will be administered to evaluate mastery of the content and prepare students for the NCLEX-RN exam. This integrated test is mandatory and will be worth 5% of the overall grade for the course. **You must achieve a passing grade set forth by Kaplan in order to receive the 5% toward your final grade. Students who do not receive a passing grade as set by Kaplan will receive 0 towards final grade, and students who pass according to Kaplan will receive a 100.** It is highly recommended that you practice for this exam by taking the 3 Kaplan **Psychosocial Nursing Focused Review tests**. Kaplan requires the use of its own Lockdown Browser.

#### Final Exam

1. The final examination in this class will be comprehensive.
2. This examination will be worth 25% of the overall grade for this course.
3. The date for the final examination will be provided once final exams are scheduled.
4. By taking quizzes through D2L, you have agreed to the following: I will not use a smartwatch, auto-summarizing tools, cheating sheets, cellphone, cameras, headphones, screen shots or **any other mechanism capable of reproducing this test**. I understand that cheating directly impacts the academic integrity of this test.

#### Grading Scale:

Letter Grade	Percentage Range
A	93-100
B	85-92
C	77-84
F	76.9 and Below*
FA/FN	See Below

The nursing department does not round grades up for 76.9 or below. You must receive a 77 to pass the course.

#### FA

If you stop attending class or if you are in an online class and stop submitting assignments, but do not turn in a withdrawal form by the deadline, you are still enrolled in class. You will be given a grade of FA, which means you have failed due to not attending class and not completing your assignments. Please refer to the current academic calendar available on the Nashville State web site, looking for the date that indicates it is the "Last Day to Earn F for Attendance (FA)." If you stop attending your course after this date, you will receive an F.

**FN**

An FN is awarded if you have never attended your course or done any of the work in an online course.

**Late Work Policy & Make-up Procedures for Missed Assignments and Work**

1. It is expected that all students complete quizzes/exams at the regularly scheduled times.
2. In the event of an unforeseen emergency (such as serious illness or death of an immediate family member) or presence of a communicable disease, the student must notify the appropriate faculty member **prior** to the scheduled exam.
3. Arrangements for exams missed must be made prior to the next scheduled lecture day.
4. Makeup exams may not be identical to the originally scheduled exam.
5. Missed exams, failure to notify the instructor prior to the exam, and/or failure to complete the makeup exam prior to the next lecture time may each result in a grade of 0 for that exam.

**Attendance Policy****General Policy**

- *Absences in a course may affect your final grade.*
- *Tardiness may also affect your final grade.*
- *You are responsible for all work/tests that occur during any missed course session(s) regardless of reason(s) for absence.*
- *If you are not well enough to attend a course session (class), you must notify the instructor as soon as possible before the scheduled course time.*
  - *If you are unable to notify an instructor before the scheduled course time, you must contact the instructor as soon as reasonably possible.*
- *If you have an unavoidable conflict with a scheduled course session, you must notify the instructor before the course session.*
  - *If you are unable to notify an instructor before the scheduled course time, you must contact the instructor as soon as reasonably possible.*

**Nursing Attendance Policy:**

- If you are scheduled for class/skills lab/clinical and will not be present or you need to leave early, notify the department secretary and follow it up with an e-mail to the instructor prior to the beginning of class/skills lab/clinical.
- Chronic absenteeism WILL jeopardize your grade for the course and can result in academic failure which would result in dismissal from the program.
- Absenteeism from the skills lab/clinical will not be tolerated and can result in a grade of "unsatisfactory" which could result in academic failure of the nursing course which would result in dismissal from the program.
- Students are expected to makeup ALL missed clinical time (including skills lab), unless exempted by the instructor. If clinical time/skills lab time is missed, it is the responsibility of the student to make arrangements with the instructor. Faculty decisions regarding make up time are final.
- See Nursing Handbook for more details

**For financial aid** purposes, **attendance** is measured by participation in the course. Instructors can determine your level of participation in several ways. Some of those ways are:

- continued attendance
- participation in on-ground or virtual class sessions
- participating in D2L as prompted
- responding to an instructor's email
- posting to a discussion board
- completing and submitting assignments

### **Technology Statement**

- All classes at the College are web enhanced. "Web enhanced" means that components of the course, such as assignments and online discussions, may be located online in the class D2L/NS Online course shell and used in the course, even if the course meets in a classroom on ground.
- You must have access to a computer and an internet connection to complete assignments, engage in online discussions, and access various course materials through D2L/NS Online course shells.
- You may also be required to use free video conferencing platforms (examples: Zoom, Teams, etc.) for course sessions and meetings.
- You will be responsible for appropriate dress while on video. This means that you are expected to dress as if you were in a classroom.
- You will be responsible for a distraction free environment while on video. This means that the professor and others in the course should not be able to hear noise in your home, such as cell phones, TVs, or barking dogs. The best way to do this is to keep yourself on "mute" until you need to speak.
- You will be responsible for making sure your background is neutral. Keep in mind that students and professors come from all around the world, and you are all a part of our community. Therefore, please avoid having images in your background that may be offensive to your classmates.
- Certain publisher materials, such as textbook figures, may not work on cellphones and may require a laptop or a tablet.
- If you have questions or concerns regarding access to a computer or internet resources, please contact your instructor. Additional information is available on the [access to internet and technology website](#).

### **Computer Labs**

Computers are available for all Nashville State students to use at each campus during open hours. Open computer lab availability may vary from campus to campus.

You should check the NSCC website for current hours of operation.

### **D2L/NS Online and myNSCC**

It is your responsibility to check your email in **both** D2L/NS Online course shells and your @my.nsc.edu (student email) on a regular basis. These are the official communication channels between the college and you. You are responsible for the information communicated through these email channels. D2L/NS Online emails contain specific course information and @my.nsc.edu emails contain important information from college offices, such as Financial Aid.

### **ADA Compliance Statement**

If you need accommodations due to a disability, please do not hesitate to reach out to our Access Center. Disabilities for which you can receive accommodations include documented physical, emotional, and/or learning conditions. Nashville State is committed to supporting your success, and we encourage

you to get assistance if needed. If you require accommodations for any courses in which you are enrolled, contact the Access Center at 615-353-3363, or e-mail [accesscenter@nsc.edu](mailto:accesscenter@nsc.edu).

### **Classroom Misconduct**

Disruptive conduct is not allowed in the classroom. Disruptive conduct is any behavior that prevents students from learning and interferes with the ability of the instructor to teach. This may change from course to course; therefore, your individual instructors will give you guidance on what qualifies as “disruptive conduct” in their courses. Please review the [Nashville State Student Code of Conduct policy](#). Please be aware that children are not allowed in class or to be left unattended on campus.

### **Academic Misconduct**

You have started this academic journey to prepare for a future career. Because of this, it is important that you learn the materials being presented in your courses. For this reason, cheating, in any form, robs you of your opportunity to learn and master the material that will enable you to succeed in that future career. Nashville State has a clear [Academic Misconduct Policy](#) that you are expected to follow. In addition, your instructors will clarify what Academic Misconduct looks like and the consequences for violations in each course that you take. The instructor has the authority to assign an “F” or a “zero” for such violations or for the term grade.

### **Academic Early Alert System**

If you are not doing well in your course, your instructor may send you an Early Alert through your @my.nsc.edu email. This email will go to your academic advisor and Student Success advisor, as well. If you get an Early Alert, contact your instructor immediately. Instructors send these when they want to help you figure out how to get extra support to pass the course. An Early Alert does not mean that you have already failed the course. Rather, it means you are in danger of failing the course if you do not change your learning strategy. Please use an Early Alert to your advantage and as an opportunity to improve your grade.

### **RAVE Emergency Alert System**

You can log in to this free alert system to receive text messages about emergencies related to NSCC campuses through the [RAVE app \(https://www.getrave.com/login/nsc\)](https://www.getrave.com/login/nsc). The instructions for this are listed below.

- Your RAVE Username is your NSCC email address.
- If you've never received an email from RAVE with your password, or if you need to reset your password, select “Forgot your password?” and a new password will be emailed to you.
- Should the RAVE system indicate “user not found”, select Register and create your own RAVE account.

### **Student Wellness**

Your well-being is important to us. With this in mind, the college has several resources available to provide support when needed:

- [Free tutoring](#) can assist you beyond the classroom to help you make the most of your college education.
- [These resources](#) include NSCC email, scheduling, online courses, textbooks, tech check out and support, computer labs on campuses, academic advising, financial advising, COVID-19 information and procedures on campuses.



- [Services](#) that help with bus passes, food, childcare, textbooks, housing, financial counseling, personal counseling, suicide prevention, health insurance.

### **Equity Statement**

Nashville State Community College strives to ensure that each student receives what that student needs to be successful, with goals of success beyond the classroom. We understand and practice ideals of equity and inclusion for our students by embracing a full spectrum of experiences, viewpoints, and intellectual approaches in order to overcome barriers to success.

#### [Inclement Weather & Campus Closings](#)

You get notices about campus closings in these places: text messages from RAVE and [the Nashville State website](#).

Even when campuses are closed, you are still responsible for completing all assigned work. Check D2L/NS Online for a message from your instructor so you do not miss important assignments and due dates, which may change due to the campus closure.

### **Class Cancellation Policy**

Our instructors post messages about cancelling classes in the [D2L/NS Online](#) course shells and/or on the classroom door on campus. These messages can be found in the News and Content section or the Email tab in the online shell. Please check these to be sure that you take advantage of opportunities for learning and points toward your grade.

### **SAFETY & SECURITY**

**\*\*\*\*Due to safety and security concerns for NSCC students, the doors to the classroom and lab will be closed, and therefore, locked at the beginning of each class. The doors will remain locked until a break is called by the instructor.** Students are expected to be in their seat and ready to begin class 10 minutes prior to the class time.

### Mental Health Nursing Schedule (subject to change)

Week	Topics and Chapters To be read before class
<b>Week 1</b> Beginning 1/17/23	<b>Chapter 1:</b> Mental Health and Mental Illness (SLO 2,3,5) <b>Chapter 2:</b> Biological Implications (SLO 3) <b>Chapter 3:</b> Ethical and Legal Issues (SLO 1,2,3,5)
<b>Week 2</b> Beginning 1/23/23	<b>E-book: Chapter 29</b> – Concepts of Personality Dev <b>Chapter 4:</b> Psychopharmacology (SLO 1,4,6,8) <b>Chapter 5:</b> Relationship Development and Therapeutic Communication (SLO 1,2,3,5,7)
<b>Week 3</b> Beginning 1/30/23 <b>Exam 1</b>	<b>Exam #1 Chapters 1,2,3,4,5, e-Book Ch. 29</b> <b>Chapter 6:</b> The Nursing Process in PMH Nursing (SLO 1,2,3,4,5,6,7,8,9) <b>Chapter 7:</b> Milieu Therapy/Therapeutic Community (SLO 1,2,3,4,6,8) <b>Chapter 8:</b> Interventions in Groups (SLO 1,2,3,4,6,8)
<b>Week 4</b> Beginning 2/6/23	<b>Quiz #1 Chapters 6, 7, 8</b> <b>Chapter 9:</b> Crisis Intervention (SLO 1,2,3,4,5) <b>Chapter 10:</b> The Recovery Model (SLO 1,2,3,4,5) <b>Chapter 11:</b> Suicide Prevention (SLO 1,2,3,4,5,8)
<b>Week 5</b> Beginning 2/13/23	<b>Chapter 12:</b> Mental Illness and Substance Use D/O <b>Chapter 13:</b> Neurocognitive DO <b>Chapter 14:</b> Substance Use and Addictive D/O (SLO 1,2,3,4,5,6,7,8)
<b>Week 6</b> Beginning 2/20/23 <b>Exam 2</b>	<b>Exam #2 Chapters 9,10,11,12,13,14</b> <b>Chapter 15:</b> Schizophrenia Spectrum and Other Psychotic Disorders Psychopharmacology: Antipsychotics (SLO 1,2,3,4,5,6,7,8)
<b>Week 7</b> Beginning 2/27/23	<b>Chapter 15:</b> Schizophrenia Spectrum and Other Psychotic Disorders Psychopharmacology: Antipsychotics (SLO 1,2,3,4,5,6,7,8)
<b>Week 8</b> Beginning 3/6/23	<b>School Break/No lecture</b> <b>DON'T FORGET, Session II CLINICALS</b>
<b>Week 9</b> Beginning 3/13/23	<b>Chapter 16:</b> Depressive DO <b>Chapter 17:</b> Bipolar and Related DO, Psychopharmacology: Antidepressants, Anti-mania (SLO 1,2,3,4,5,6,7,8)
<b>Week 10</b> Beginning 3/20/23	<b>Chapter 16:</b> Depressive DO <b>Chapter 17:</b> Bipolar and Related DO, Psychopharmacology: Antidepressants, Anti-mania (SLO 1,2,3,4,5,6,7,8)
<b>Week 11</b> Beginning 3/27/23 <b>Exam 3</b>	<b>Exam #3 Chapters 15,16,17</b> <b>Chapter 18:</b> Anxiety, OCD (SLO 1,2,3,4,5,6,7,8)
<b>Week 12</b> Beginning 4/3/23	<b>Chapter 19:</b> Trauma/Stressor Related D/O <b>Chapter 20:</b> Somatic Symptoms and Dissociative D/O (SLO 1,2,3,4,5,6,7,8)
<b>Week 13</b> Beginning 4/10/23	<b>Quiz #2 Chapters 18,19,20</b> <b>e-Book, Chapter 32:</b> Human Sexuality/Gender Dysphoria <b>Chapter 21:</b> Eating Disorders (SLO 1,2,3,4,5,6,7,8)

<b>Week 14</b> <b>4/17/23</b> <b>Exam 4</b>	<b>Chapter 22:</b> Personality Disorders <b>Chapter 23:</b> Children and Adolescents <b>Chapter 25:</b> Survivors of Abuse or Neglect (SLO 1,2,3,4,5,6,7,8)
<b>Week 15</b> <b>Beginning</b> <b>4/24/23</b>	<b>Test #4 Chapters 21,22,23,25, e-Book Ch 32</b> <b>Chapter 24:</b> The Aging Individual (SLO1,2,3,4,5,6,7,8) <b>Chapter 26:</b> Community Mental Health Nursing (SLO 1,2,7) <b>Chapter 27:</b> The Bereaved Individual (SLO 1,2,3,4,5,6,7,8)
<b>Week 15</b> <b>Date and Time</b> <b>TBA</b>	<b>Kaplan: Integrated Test</b> <b>Please arrive 30 minutes prior to Kaplan</b>
<b>Week 16</b> <b>Beginning</b> <b>5/1/23</b>	Comprehensive Final Exam, Date TBA