

Mental Health Nursing Syllabus

Course Number: NURS 1500, 1550

Semester: Spring 2013

Credit Hours: 1500 2.0

1550 2.0, 2 clinical hours, 6 contact hours/week

Classroom: S-118

Meeting Times: Tuesday, 1330-1530

Instructor: Mrs. Paty MSN, RN

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Office Location: W-72 D, Weld Building

Nursing Office Main Phone Number: 615-353-3647

Office Hours: Available by appointment

Course Description

This course introduces principles and concepts of mental health, psychopathology, psychopharmacology and treatment modalities related to nursing care of patients and their families.

Prerequisite: NURS 1000, 1200, 1250

NSCC Nursing Program Outcomes

1. Plan and revise nursing care using the nursing process and critical thinking skills.
2. Implement and coordinate nursing care with safety and competent skills.
3. Demonstrate compliance with the Standards of Professional Performance.
4. Function as a contributing member/leader of the health care team.
5. Utilize therapeutic communication with others using appropriate verbal and nonverbal methods.
6. Successfully pass the NCLEX-RN

Semester Student Learning Outcomes

Upon completing this semester, the student will be able to:

1. Demonstrate an understanding of the nursing process related to concepts of human functioning and pathology of disease processes.
2. Develop an understanding of evidence-based practice related to planning, implementing, and evaluating patient care related to legal, ethical, and cultural aspects of nursing.
3. Demonstrate competence in the performance of selected nursing skills related to the care of the adult patient experiencing actual or potential health problems.
4. Develop an understanding of evidence-based practice related to planning, implementing, and evaluating patient care related to legal, ethical, and cultural aspects of nursing.
5. In caring for adult patients with common health needs, practice in the role of the professional nurse.

6. Demonstrates an understanding of teamwork in the healthcare system related to patient care across the wellness – illness continuum and lifespan continuum.
7. Practice the principles of therapeutic communication techniques using appropriate verbal and nonverbal methods.
8. Prepare students for test-taking aptitudes required for success on the NCLEX-RN.

Course Student Learning Outcomes

Upon completing this course, the student will be able to:

1. Analyze the relationship of biophysical, cultural, psychosocial and spiritual issues in nursing assessment, diagnosis, planning, intervention, and evaluation involving patients with mental health disorders.
2. Discuss mental health concepts, theories, and therapeutic interventions used with patients demonstrating a variety of psychiatric behaviors and disorders.
3. Compare theories, conceptual frameworks and research related to human behavior and the etiology, prevention, and management of selected psychiatric disorders and behavioral theories.
4. Discuss ethical and legal issues pertaining to nursing assessment and interventions involving patients with psychiatric disorders.
5. Discuss mental health concepts, theories, and therapeutic interventions used with patients demonstrating a variety of psychiatric behaviors and disorders.
6. Describe the role of the registered nurse in the prevention and treatment of mental health and behavioral disorders.
7. Discuss mental health concepts, theories, and therapeutic interventions used with patients demonstrating a variety of psychiatric behaviors and disorders.
8. Describe the importance of collaboration with other professionals and members of the psychiatric health care system in providing nursing care for patients with psychiatric disorders.
9. Describe the therapeutic communication skills necessary for interacting with patients with psychiatric disorders and their families.
10. Participates in standardized evaluations through Kaplan.
11. Practice knowledge-based and comprehension NCLEX questions related to pharmacology and the nursing process.

**Specific objectives will be included at the beginning of each chapter of the text book. Students will be responsible for reading all the material with emphasis on objectives.*

Methods of Evaluation:

Evaluation of the course content will be based on:

Tests	60%	Knowledge:	25%
Quizzes	6%	Comprehension:	25%
Kaplan Integrated Testing	4%	Application:	30%
Final Examination	30%	Analysis:	20%

