



Coping Skills and Resources for Access Center Students

A ONE-PAGE GUIDE

What this can look like in your room.

GIVE THE WHOLE CLASS A 30 SECOND RESET STRETCH BREAK

IF POSSIBLE, DIM THE LIGHTS

SAY "AFTER THIS WE WILL" ... THIS GIVES A DIRECTION TO WHERE CLASS IS GOING

LIST ON THE BOARD WHAT IS HAPPENING IN CLASS

REMIND STUDENTS OF INFORMATION IN THE D2L COURSE CONTENT SECTION

Group Discussions on the material.

THESE CAN WORK FOR YOU AND ALL STUDENTS

1- WHEN A STUDENT IS: ABSENT, HAS LATE WORK, TECH ISSUES, POOR PERFORMANCE OR ANY NON-ACCOMMODATION OR CARE TEAM REFERRALS PLEASE SUBMIT AN ACADEMIC ALERT AS THIS GETS THE BALL ROLLING FOR THE SSA TO REACH OUT.

2- EMAIL STUDENTS (THANK YOU TO AMY BRYANT FOR SHARING THIS)

Email draft for student who has been absent:

Good morning! I noticed that you missed classes this week. I hope you are ok. I have missed your involvement in our class discussions. I hope you are able to be back with us this week. Please let me know how I can help you stay on track for this week. Here is a reminder of what we covered last week and where we are starting this week:

I look forward to seeing you in class on ----.

Email for student who missed work in online class:

Good morning! I noticed that you didn't submit our assignments/quizzes/discussions this week. I hope you are ok. I know that this is a heavy time during the semester, and I am confident that you are going to be successful in our class. This week, we will be covering... Please let me know how I can help you stay on track for this week.

ALSO IN CLASS: A GUIDE FOR THE STUDENTS FROM YOU THE PROFESSOR

Focus on what you can do.

Have a reflection piece.

Ask what and why questions of yourself- what do you need from me your teacher.

Utilize Resources

Break the big picture down- see the forest for the trees.

Use a 1-10 scale for understanding the material.

SOME TOOLS: FREE AND SOME NOT FREE ONES

[Slido - Audience Interaction Made Easy](#)

Kahoot: [Login - Kahoot!](#)

[20 Simple Formative Assessments For Any Course | Top Hat](#)